

WORKSHOPS

Our two-hour workshops are research-based, individual lessons from our full parenting programs, and we offer them for FREE in 74 counties, including yours. The tailored workshops target community members but are considered primary prevention and provide useful information for anyone attending. Workshops engage participants with fun, interactive activities, while giving them basic parenting skills that work!



AVAILABLE WORKSHOPS:

12 Steps to Keeping Your Kids Drug-Free: For families with school-age children. We discuss how to use parenting techniques, discipline tools and drug and alcohol education to open up communication in the home and prevent substance abuse among children.

You, Your Environment and Your Baby: For new moms. Workshop includes prenatal activities that helps moms understand what their baby needs, how to manage stress, and how smoking and drinking affect their baby.

Nurturing Touch: For parents with infants. This training encourages a strong parent-child bond, builds empathy for the child and heightens the parents awareness that babies have thoughts and feelings, just like adults.

Breaking the Cycle: Child Abuse Awareness and Education: For organizations that work with family and children. We focus on abuse awareness and education, in order to identify the signs and symptoms of child abuse, and set up policies that protect children and workers.

Challenge for a Change: For community groups, religious organizations and parents. We educate community leaders on current trends and statistics regarding substance abuse in their area and proven ways to decrease risk factors.

Turning Chaos to Confidence: Discusses how to set proper expectations within the family through rules and consequences, and promotes the concepts of respect, communication and modeling appropriate behavior.

Live, Love, and Laugh: A fun filled workshop full of family friendly activities that promote play and the importance of laughter in a family. This workshop promotes strong bonds and open relationships that can serve as a protective factor for families.

Appropriate Boundaries in Parenting: Learn how to identify and establish appropriate boundaries, reduce stress and build security for your family.

Contact Kate Heier (kheier@fncga.org) for more information.

Partner with Us:

FNC-GA offers the Nurturing Parenting Programs in local communities, as part of the Nurturing Georgia's Families® Project. Our trained facilitators work to prevent the cited problem of child abuse, neglect, and substance abuse via in-home visitation and group-based programming.

How to apply:

The Request for Quality Contractors (RFQC) process is a way for FNC-GA to fairly assess all types of community and faith based organizations based on community need, organizational capacity, linkages within the community, etc.

The RFQC will be posted online August 16, 2010, and applications are due September 7.

Contact us:

P.O. Box 385
Snellville, GA 30078
770.972.3664

www.fncga.org

Building capacity for community change

Family Nurturing Center of Georgia

